Application materials and additional information are available at:
www.ccsu.edu/grad/admissions.htm and www.ccsu.edu/grad

Other Psychology Graduate Programs:
- Masters in Community Psychology
- Masters in General Psychology

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Master’s Specialization in Health Psychology at CCSU

The Psychology Department offers the Masters of Arts in Psychology with a specialization in Health Psychology. The graduate program is designed to prepare students for a career in the field of health psychology or as preparation for further graduate study. The Master’s Program is available for both part-time and full-time students. Most courses are offered in the evening.

What is Health Psychology? Psychologists who strive to understand how biological, behavioral, and social factors influence health and illness are called health psychologists.

The Work Setting of a Health Psychologist:
Health psychologists work in many settings including primary care programs, inpatient medical units, and specialized health care programs such as pain management, rehabilitation, women's health, oncology, smoking cessation, headache management, and various other programs. They also work in colleges and universities, corporations, and for governmental agencies. They may work with many different health care professionals (e.g., physicians, dentists, nurses, physician assistants, dietitians, social workers and others) to conduct research, provide clinical assessment and treatment services. Many health psychologists focus on prevention through research and clinical interventions designed to foster health and reduce the risk of disease1 (*for more see [www.health-psych.org](http://www.health-psych.org)).

Courses: M.A. specialization in Health Psychology

The program requires 42 semester hours of course work including a thesis. A common core of 6 courses is required for all M.A. students in Psychology. Students in the Health Psychology program also take courses in their specialization, choose electives, and complete a planned program of study to be forwarded to the School of Graduate Studies with the assistance of their graduate advisor.

Common Core for all M.A. students (18 cr.):
- PSY 512 Seminar in Developmental Psychology
- PSY 545 Introduction to Clinical Psychology
- PSY 550 Introduction to Community Psychology
- PSY 596 Psychological Research: Design and Analysis I
- PSY 597 Psychological Research: Design and Analysis II
- PSY 599 Thesis (oral defense required)

Specialization in Health Psychology (18 cr.)
- PSY 530 Psychopathology
- PSY 541 Health Psychology
- PSY 542 Psychology of Stress
- PSY 543 Stress Management: Theory and Research
- PSY 551 Primary Prevention
- PSY 595 Graduate Internship/Psychological Applications

choose 2 additional electives (6 cr) from:
- PSY 458 Human Neuropsychology
- PSY 526 Psychology of Learning
- PSY 546 Short-term Psychotherapy and Healthcare
- PSY 553 Developing Prevention Programs
- PSY 571 Psychology of Women’s Health
- PSY 590 Advanced Topics in Psychology
- PSY 591 Advanced Independent Reading & Research

Application Process

For admission, a B.A./B.S. degree with a minimum of 18 credits in psychology is preferred. Minimum grade of B in Statistics and Research Methods or equivalent are required. A minimum undergraduate grade point average of 2.75 with a 3.00 minimum in psychology courses, three letters of reference and a personal statement are required. In your personal statement you should discuss your professional goals, any specific experiences you have had that have helped prepare you for our program such as research or training, and include any additional information that may assist the Graduate Studies Committee in reviewing your application.

All applications must be sent as a complete package to the Graduate Admissions Office in order to be reviewed for admission. A complete application includes the following:
- Application (including fee)
- Transcripts
- 3 letters of reference
- Personal statement

Application deadline for Spring admission is December 1. For Fall admission, the deadline is April 25.

Application materials and further information is available at: [www.ccsu.edu/grad/](http://www.ccsu.edu/grad/)

Or from the:

Graduate Admissions Office
Central Connecticut State University
1615 Stanley Street
New Britain, CT 06050-4010
(860) 832-2350

Graduate Studies Office
Dr. Paulette Lemma; Associate Vice President for Academic Affairs and Dean of Graduate Studies;
(860) 832-2364